EYFS RSHE (including PSHE) Overview
These are taught every year as they are a new cohort

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
Autumn 1	Developing Relationships with Peers and Adults in School					
Autumn 2	Pol-Ed Passport: What are Emotions?	Pol-Ed Passport: What is empathy?	Pol-Ed Passport: What is respect?	Pol-Ed Passport: What is self-worth?	Pol-Ed Passport: What is resilience?	Pol-Ed Passport: What is risk?
Spring 1	Pol-Ed Relationships: How can I be a good friend?	Pol-Ed Relationships: : How can I make other children feel happy?	Pol-Ed Relationships: : How can I play nicely with others?	Pol-Ed Relationships: How can adults at school help me?	NSPCC: PANTS https://learning.nspcc.org.uk/research-resources/schools/pants-teaching	
Spring 2	Pol-Ed Keeping Safe: How can I play safely?	Pol-Ed Keeping Safe: How can I keep safe at school?	Pol-Ed Keeping Safe: How can I keep safe at home?	Oak Academy: Glitter Germs		
Summer 1	Pol-Ed Understanding The Law: What are rules?	Pol-Ed Understanding The Law: What are consequences?	Pol-Ed Understanding The Law: What can I do if I'm feeling big emotions?	Pol-Ed Understanding The Law: Who are the police and how do they help us?		
Summer 2	Pol-Ed Wellbeing: How can I be a germ buster?	Pol-Ed Wellbeing: How does exercise help me?	Pol-Ed Wellbeing: How does food help me?			

There will cross-over with learning themes such as 'People Who Help Us, Great Fire of London, Homes and Houses etc.'