

Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	(v) Margherita Pizza with Potato Wedges	Pork and Carrot Meatballs with Tomato Sauce and Pasta Bows	Roast Beef and Yorkshire Pudding with Mashed Potato	'Active Canaries' Greek Chicken in a Tortilla Wrap with Savoury Rice	Breaded Fish Fingers
Option 2 (v)	Vegemince Curry with Steamed Rice	Vegetarian Enchilada with Potato Wedges	Cheese and Potato Pie	Mild Teriyaki Quorn with Noodles	Spanish Omelette
Served with	Sweetcorn	Mixed Vegetables	Carrots, Peas and Gravy	Broccoli	Chips and Peas or Baked Beans
And for pudding	Fruit Yogurt	Iced Swiss Bun	Fresh Fruit Selection	Cocoa Sponge with Cocoa Sauce	Flapjack with Apple Wedges

Week One: 31 Oct | 21 Nov | 12 Dec | 16 Jan | 6 Feb | 6 Mar | 27 Mar

Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	(v) Margherita Pizza with Tomato Pasta Salad	Mild Teriyaki Chicken with Steamed Rice	Roast Chicken with Stuffing	Butcher's Best Beef Burger in a Roll	Breaded Fish Fingers
Option 2 (v)	Veggie Bean Chilli with Steamed Rice	Cheesy Pasta	Quorn Fillet with Stuffing	Homemade Veggie Burger in a Roll	Garden Vegetable Goujons
Served with	Sweetcorn	Mixed Vegetables	Roast Potatoes, Carrots, Green Beans and Gravy	Potato Wedges, Salad Sticks and a Choice of Dip	Chips and Peas or Baked Beans
And for pudding	Lemon Muffin	Fresh Fruit Selection	Cocoa Oatcake with Orange Wedges	Fruit Jelly	Cherry Bakewell Cupcake

Week Two: 7 Nov | 28 Nov | 2 Jan | 23 Jan | 20 Feb | 13 Mar

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	(v) Margherita Pizza with Potato Wedges	Beef Lasagne with Garlic Bread	Butcher's Best Chipolata Sausages	Chicken Curry with Steamed Rice	Breaded Fish Fingers or Salmon Fingers
Option 2 (v)	Vegemince Bolognese with Pasta Twists	Quorn Fajita with Steamed Rice	Vegetarian Sausage	BBQ Quorn Loaded Wedges	Spinach and Sweet Potato Pastry Parcel
Served with	Sweetcorn	Mixed Salad	Roast Potatoes Carrots, Broccoli and Gravy	Mixed Vegetables	Chips and Peas or Baked Beans
And for pudding	Fresh Fruit Selection	Vanilla Ice Cream	Shortbread with Orange Wedges	Mixed Berry Sponge Pudding	Cocoa Krispie Bar

Week Three: 14 Nov | 5 Dec | 9 Jan | 30 Jan | 27 Feb | 20 Mar